

I have a quick question, and I would like some practical tips on how to help my child

Basic Support

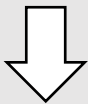
How it works



Fill in brief questionnaire

Ask a question/request a tip

What you get:



Email response from Psychologist with tips and resources including (websites, access to apps, books and other support resources)

I just want clarity on what's going on for my child and direction on how best to support them

Starter Support

How it works

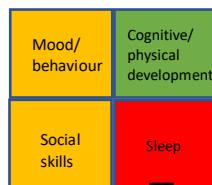
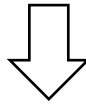


Fill in a detailed questionnaire

Provide all relevant information about your child

Set goals, Ask a question/request tips

What you get:



List of recommendations

Email response from a Psychologist which provides a general/ basic assessment of functioning (based off information provided) and highlights problem areas and targets for intervention. Clients are provided with tips, resources and recommendations of support services for problem areas.

I just want to start helping my child at home without waiting to see a therapist

Kick-starter Support

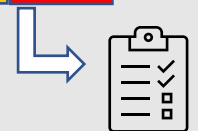
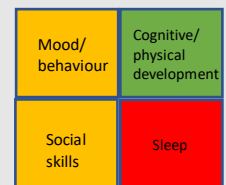
How it works



Fill in a detailed questionnaire

Attend once off consultation with Psychologist

What you get:



List of goals & Recommendations

During the consultation, Psychologist provides an assessment of functioning (based off information provided) and highlights problem areas and targets for intervention. Clients are given a list of home-based goals to work on whilst they wait to engage in regular clinic based intervention.